

## Fat Girl to Ironman 'Fast Fuel Competition' TERMS and CONDITIONS

NO PURCHASE IS NECESSARY TO ENTER OR WIN. A PURCHASE DOES NOT INCREASE THE CHANCES OF WINNING

1. The promoter is: *Fat Girl to Ironman* whose registered office is at *Southampton, SO16 3QD*.
2. The competition and these terms and conditions will be governed by English law and any disputes will be subject to the exclusive jurisdiction of the courts of England.
3. Entrant must be over 18 years of age on the date of the start of the competition in order to be eligible for this promotion. Entrants must be based in the UK.
5. Details on how to enter form part of the terms and conditions. It is a condition of entry that all rules are accepted as final and that the competitor agrees to abide by these rules. The decision is final and no correspondence will be entered into.
6. Entries must be submitted via Rafflecopter on the *Fat Girl to Ironman* website. Multiple entries are permitted. Late, illegible, incomplete, defaced or corrupt entries will not be accepted. No responsibility can be accepted for lost entries and proof of dispatch will not be accepted as proof of receipt.
7. The competition starts at 12:00am on Tuesday 11<sup>th</sup> October 2016 and closes at 12:00am on Tuesday 8<sup>th</sup> November 2016. The winner of the main prize will be announced by Sunday 13<sup>th</sup> November 2016.
8. The winner will be chosen at random by software provided by Rafflecopter from all entries received and verified by Promoter and or its agents.
9. The decision on winners will be at the sole discretion of the promoter and the agents assigned by the promoter to the competition campaign. There will be no recourse to appeal decisions. Prizes associated with the competition are not transferable. No cash alternatives are available. Prizes are subject to availability and the promoter reserves the right to substitute any prize with another of equivalent value without giving notice.
10. The promoter is not responsible for inaccurate prize details supplied to any entrant by any third party connected with this competition.
11. All reasonable effort will be made to contact the winners; however, if the promoter is unable to contact a winner within a reasonable period, an alternative winner will be chosen. If a winner of the draw is unable to take up the prize for any reason, the promoter reserves the right to award it to an alternative winner, in which case the first winner chosen will not be eligible for any share of the prize whatsoever.
12. The prize is as follows a copy of *Fast Fuel: Food for Triathlon Success* **OR** *Fast Fuel: Food for Running Success*

13. Entrants must provide proof of age and/or residence if requested. The determination of residence and qualification for entry to the promotion shall be at the promoter's sole discretion.
14. **No purchase** of any product is necessary to be part of the Runderwear competition, details of which can be found at <http://wp.me/p3bon6-2Ct>
15. No warranty or guarantee is given by the promoter or associated parties (including but not limited to agencies, media partners and other sponsors) in relation to the campaign or prizes. The promoter and associates shall not be liable or responsible for any loss, liability, damage or injury suffered or sustained to person or property (including, but not limited to, consequential loss) by reason of any act or omission by the promoter and any of the campaign's sponsors or its servants or agents in connection with the supply of any goods or services by any person to the applicants.
16. No responsibility will be accepted by the promoter for failed, partial or garbled computer transmissions, for any computer, telephone, cable, network, electronic or internet hardware or software malfunctions, failures, connections, availability, for the acts or omissions of any service provider, internet, accessibility or availability or for traffic congestion or un-authorized human act.
17. By entering this promotion each entrant confirms that he or she hereby assigns to the promoter all copyright and other intellectual property rights that may arise to or vest in that entrant in relation to the material submitted by him or her as part of this promotion and hereby waives his or her moral rights in respect of same.
18. This promotion is in no way sponsored, endorsed or administered by, or associated with, Facebook, Twitter or any other Social Network. Any personal data relating to the winner or any other entrants will be used solely in accordance with current [UK] data protection legislation and will not be disclosed to a third party without the entrant's prior consent.
19. Obscene, provocative or otherwise questionable content will not be allowed on the Facebook page comments or the website <http://fatgirltoironman.co.uk> or any other media associated with Fat Girl to Ironman competition/campaign. The Promoter retains sole discretion as to what constitutes inappropriate content.
20. Entering the promotion shall be deemed to be a full and unconditional acceptance of the terms and conditions of this promotion. A failure to adhere to these terms and conditions shall result in disqualification from the campaign and, if necessary, forfeiture of a prize. The Promoter reserves the right to suspend, cancel or withdraw this promotion, or amend the terms and conditions of this promotion, in whole or in part at any time.